Wright, Georg Henrik von (1971) Explanation and Understanding, p. 96 calls the following a practical inference (or syllogism)

A intends to bring about p.

A considers that he cannot bring about p unless he does \underline{a} . Therefore A sets himself to do a.

Instead of 'intends' one can say 'is aiming', or 'pursues as an end', etc.; and instead of 'considers' one can put 'thinks', 'believes', etc. According to v. W. this schema is that of a teleological explanation "turned upside down".

1m. 82113 FT 274